This is the measure of self-efficacy that was used in:


### Self-efficacy Measure

This part of the questionnaire asks you about your ability to use an unfamiliar piece of software. Often in our jobs we are told about software packages that are available to make work easier. For the following questions, imagine that you were given a new software package for some aspect of your work. It doesn't matter specifically what this software package does, only that it is intended to make your job easier and that you have never used it before.

The following questions ask you to indicate whether you could use this unfamiliar software package under a variety of conditions. For each of the conditions, please indicate whether you think you would be able to complete the job using the software package. Then, for each condition that you answered "yes", please rate your confidence about your first judgment, by circling a number from 1 to 10, where 1 indicates "Not at all confident", 5 indicates "Moderately confident", and 10 indicates "Totally confident".

For example, consider the following sample item:

**I COULD COMPLETE THE JOB USING THE SOFTWARE PACKAGE...**

<table>
<thead>
<tr>
<th>NOT AT ALL CONFIDENT</th>
<th>MODERATELY CONFIDENT</th>
<th>TOTALLY CONFIDENT</th>
</tr>
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<tbody>
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...if there was someone giving me **YES**........1 2 3 4 5 6 7 8 9 10 step by step instructions.

The sample response shows that the individual felt he or she could complete the job using the software with step by step instructions (*YES is circled*), and was moderately confident that he or she could do so.
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Q-29. ...if there was no one around to tell me what to do as I go.  YES.....1 2 3 4 5 6 7 8 9 10 NO

Q-30. ...if I had never used a package like it before.  YES.....1 2 3 4 5 6 7 8 9 10 NO

Q-31. ...if I had only the software manuals for reference.  YES.....1 2 3 4 5 6 7 8 9 10 NO

Q-32. ...if I had seen someone else using it before trying it myself.  YES.....1 2 3 4 5 6 7 8 9 10 NO

Q-33. ...if I could call someone for help if I got stuck.  YES.....1 2 3 4 5 6 7 8 9 10 NO

Q-34. ...if someone else had helped me get started.  YES.....1 2 3 4 5 6 7 8 9 10 NO

Q-35. ...if I had a lot of time to complete the job for which the software was provided.  YES.....1 2 3 4 5 6 7 8 9 10 NO

Q-36. ...if I had just the built-in help facility for assistance.  YES.....1 2 3 4 5 6 7 8 9 10 NO

Q-37. ...if someone showed me how to do it first.  YES.....1 2 3 4 5 6 7 8 9 10 NO

Q-38. ...if I had used similar packages before this one to do the same job.  YES.....1 2 3 4 5 6 7 8 9 10 NO